



REVIEW



February 10, 2022

Message From Administration:

Hello Rouge Park Families,

Students have been having an incredible amount of fun in the snow at recess times. It is wonderful to see social interaction, problem solving, and language development skills building through outdoor play. It is clear our children have missed some of these opportunities over the past two years but they are making up for lost time! Please remind your kids to dress for the weather.

Next week is Spirit Week at Rouge Park. We have special events planned for each day of the week. Thank you to our student leaders who planned each day, created the posters, and are busy writing daily announcements. We are so appreciative of their voice and leadership. A big thank you to our team of staff who are also helping to plan and implement the fun. Random acts of kindness will be a focus for the week - be sure to ask your kid(s) if they are participating in making someone's day brighter. Please remember to send loonies with your children if they wish to purchase Valentine's cookies or popcorn.

As always, please reach out if you have any questions, comments or concerns.

Wishing all of our families a wonderful weekend!

Lindsey Maclean
lindsey.maclean@yrdsb.ca

Leeann Morrow
leeann.morrow@yrdsb.ca

Upcoming Dates:

February 14-18	~Spirit Week
March 3rd	~Virtual Parent Presentation @ 6:30
March 14-18	-March Break
April 7	-School Council Meeting

Parent Presentation:

On Thursday, March 3rd, Rouge Park and two neighboring schools will be offering a virtual workshop aimed at helping parents support their children through the challenges of Covid. A flier with all of the details can be found below.

Spirit Week:

We are so excited to start our Fun February Spirit Week on Monday. We will be recognizing "Random Acts of Kindness Week" all week long. Our student leadership team has created posters to advertise the events that will be happening each day - highlighted below. Please help your child(ren) prepare for each day. If they choose to buy a Valentine's cookie (for sale each day at morning recess) or a bag of popcorn (for sale on Friday) they will need to bring exact change. Each item is \$1. Students are welcome to purchase a cookie for a friend or family member. Any profit will go towards our school fundraising plan (technology, pavement games, music program, graduation).

A reminder that students are welcome to bring Valentine's cards for each member of their class but please do not send any food items to share with classmates.

ROUGE PARK SPIRIT WEEK
14-18TH

Monday
Spread Kindness this week!

Tuesday
Twin day!
Match outfits with your friend(s)!

Wednesday
Games day!
Play games with your friends! (No tech!)

Thursday
Olympic day!
Wear something that represents the country that you are supporting!

Friday
Movie day & Cozy day
Watch a movie with your class!

Cookies for \$1
We'll be selling cookies all week! Bring a loonie!!

ROUGE PARK

ROUGE PARK PRESENTS
RANDOM ACTS OF KINDNESS WEEK

Be extra kind this week!

Hold the door for a friend
Give someone a compliment
Decorate someone's locker
Lend a hand to someone and more!

FEB 14 - FEB 18

ROUGE PARK

Twin Day
At Rouge Park

Twin with your friends

February 15th
Tuesday

ROUGE PARK

ROUGE PARK IS PRESENTING
Games Day

Wednesday, February 16, 2022

Play board games!

Bring your own board games to school!

Have Fun!

Play cards!

ROUGE PARK

OLYMPIC DAY

Thursday
February
17 2022

Wear something that represents the country that you are supporting!

ROUGE PARK

MOVIE TIME

Movie Day













Friday 18
Feb, 2022

Wear something cozy
Bring a dollar for popcorn!

ROUGE PARK

Spirit Wear:

Back by popular demand, we will be offering one more round of spirit wear orders for this school year. Hoodies and t-shirts were by far the most popular, so that is what we are offering on **School Cash online** from now until the end of February. Orders are expected to be delivered before March Break.

Price & Description	Item Code		
T-shirt Logo 1 Youth: \$15 Adult: \$17			
	T1.1	T1.2	T1.3
T-shirt Logo 2 Youth: \$15 Adult: \$17			
	T2.1	T2.2	T2.3
Pull-Over Hoodie Logo 1 Youth: \$32 Adult: \$35			
	H1.1	H1.2	H1.3
Pull-Over Hoodie Logo 2 Youth: \$32 Adult: \$35			
	H2.1	H2.2	H2.3

Walking to School:

Rouge Park is considered a walking school because almost all families live within 1.2 km. of the school. We are strongly encouraging families to walk to school. The fresh air helps with learning and mental health. Even when it's cold, if students dress for the weather, they can walk to school. Most will complain to you about it, but they will feel better and be more ready to learn after a brisk walk in the morning. Our staff is outside for 20 minutes each morning and we **LOVE IT** - please ask your children to join the walking to school movement!

Grade 8 Graduation - Save the Date

Our grade 8 graduation is booked for Tuesday, June 28th. We don't know what the format will be, but we are hoping to celebrate with our first in-person event at Rouge Park Public School. For now, if you have a child in grade 8, please save the date!

Kindergarten Registration:

Kindergarten Registration for the 2022/23 school year is now on. If you have a child who will turn 4 years old before the end of 2022, they are eligible to begin school in September. There are several ways you can register for kindergarten on or after January 14, 2022:

- Online - Families can access the [Online Kindergarten Registration Information](#) . It is recommended that families use a laptop or a desktop, rather than a mobile device to complete this registration.
- By email - Families can download the [Elementary School Registration Form](#) and email the completed form to their school email address.
- By phone - Families can request support from the school Principal/Vice-Principal to complete the registration form on their behalf by collecting the required information by phone.
- By mail or appointment. You can mail completed applications to the school, or request an appointment (once schools have reopened) to drop-off your completed paper application form.
- If you have already registered, you will be hearing from us shortly about bringing in your documents to complete the process.

Screening Tool

Please remember that daily screening confirmation is once again required. Students and families will be required to complete the confirmation of screening before coming to school each morning.

- [COVID-19 School and Child-Care Screening Tool](#)
- [Elementary School Confirmation Form](#)

Moving If you are planning on moving or have moved, please be sure to contact the office so we have your updated information. If you are no longer in our area, you will need to register in the school closest to your home.

Random Acts of Kindness:

Karthik got a jump start on our Random Acts of Kindness week by making coasters for everyone in the front office. Thanks for making our day brighter, Karthik!



School Climate Survey:

Next week each student in grade 1-8 will take part in a brief school climate survey. This survey has been designed by our equity team to gather information about each student's sense of mattering and belonging at Rouge Park. The survey is anonymous. Our staff will analyze the data collected and use the results to plan our next steps for ensuring our school is supporting every student's social, emotional and academic well-being.

Celebrating Black Excellence

Our students are exploring and celebrating stories of black excellence throughout the month of February and beyond. Some of their work is being displayed in our front entrance so that all of our students can be inspired by and benefit from reading and seeing their work.



Black Mental Health Day

March 7, 2022 is the third annual Black Mental Health Day in Ontario. [Black Mental Health Day](#) is a day to raise awareness and draw attention to the impact that anti-Black and systemic racism has on the mental health of Black people, and the importance of structural change across social systems to improve the mental health and well-being of Black Canadians. We will be hosting a drop-in event for Black parents, guardians and youth on Monday March 7, 2022 from 7:00-8:30 PM. **The Mental Health Drop In for Black Parents** is an opportunity for parents to hear and learn about ways to promote and sustain positive mental wellness for their children in light of the ongoing pandemic challenges and the impacts of systemic racism. Please join us for an evening talk about healing strategies and engage in a chance to ask general questions ([registration link](#)).

Join us in a transformational conversation that will empower parents to self reflect and take action in having supportive and meaningful conversations with their children about wellbeing. In sharing our psychology and neuroscience-based wellbeing material and the Graydin, Start with Heart Coaching model for education, parents will leave with tips, tools, and resources on how to support their own and their children's overall wellbeing.

You will leave with:

Increased self-awareness and self-compassion for your own wellbeing, leading to a greater capacity to support your child to thrive.

~

Greater ability to nurture your child's capacity to be resilient, self-sufficient, mindful, and adaptable.

~

Coaching skills to empower your children to be independent thinkers with a strong sense of self.

~

Small actionable steps to support your child's physical, mental, emotional and social wellbeing.



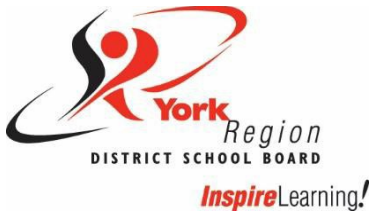
Jocelyn Pepe is a wellbeing expert with a diverse background in coaching and educating on physical, mental, and social wellbeing. As a global facilitator in education and in organizations, Jocelyn takes a holistic approach to training and developing human potential. Jocelyn is a Certified Professional Co-Active Coach (CACC), a Registered Health Coach (RHCTM), a Professional Certified Coach (PCC) and a Masters student in the Psychology and Neuroscience of Mental Health .

YOUR TrU WELLBEING

A Parenting Session

Join us online on **March 3rd**
from 6:30-7:30pm. [Link to follow.](#)

Register here!



Triple P Parenting Seminar

Nurturing Healthy Self Esteem

As children grow and develop, they form views of themselves as a person, their value as an individual, and how good they are at doing things. This view of their self-worth is called self-esteem.

An important part of being a parent involves building confidence in children and supporting them in and developing a healthy sense of self-esteem, which includes children having a true sense of their strengths and challenges.

This session will focus on:

- How to create a supportive and engaging environment in developing and maintaining your child's healthy self-esteem.

[Register](#) today!

Parents, Grandparents and Caregivers!

Join us to share, learn and build a school culture where mental health and well-being is valued and promoted.

Date: Thursday, February 17, 2022

Time: 6:30 p.m. - 8:30 p.m.

Location: Zoom Link will be provided

Facilitator: Uma Bhatt, R.S.W.
York Hills Centre for Children, Youth and Families

More Information:

Oksana Majaski
Community & Partnership Developer
Oksana.majaski@yrdsb.ca

This free Parent Presentation is brought to you in partnership with York Hills Centre for Children, Youth and Families and York Region District School Board



STUDENT AND FAMILY ADVOCATE PROGRAM PRESENTS
2022 BLACK HISTORY MONTH CELEBRATION: BUILDING FAMILY & MICRO-ENTERPRISES



FEBRUARY VIRTUAL EVENT
SCHEDULE



Tuesday February 1 @ 6:30pm

Candle Making Workshop
- Catherine Chambers- Let'sMakeIT



Thursday February 3 @ 7pm

Parents & Guardians Wellness Workshop - Kamilah Clayton



Saturday February 5 @ 6:30pm

An evening of Musical Giants - DJ Benjamin



Tuesday February 8 @ 6:30pm

Caribbean/African Folklore- Sandra Whiting



Thursday February 10 @ 6:30pm

Tie & Dye Workshop - Catherine Chambers- LetsMakeIT



Tuesday February 15 @ 6:30pm

Mental & Emotional Health



Thursday February 17 @ 6:30pm

Keeping the Family Safe- Chief Adam Grant -
Markham Fire Emergency Services

EACH EVENT IS AN INFORMATIVE INTERACTIVE HOUR FILLED WITH PRIZES AND SURPRISES
VISIT MACCA1987.COM FOR MORE INFORMATION

Family CookOut

With Chef Maxine Knight



Journey to the Caribbean in this virtual storytelling with recipe demonstration workshop featuring Chef Maxine Knight, RHN. In this workshop, Chef Maxine will walk us through making a Bajan “Soup with Dumplings” as we dive into the origins of the provision grounds and its historically connection to slavery in the West Indies.



Date: **Friday, February 25, 2022**
Time: 6:30 p.m. - 7:30 p.m.
Location: Zoom (link to be provided prior to event)

Register Now! <https://bit.ly/MaxineKnight>

